

## **Cold Water Policy**

Sudbury Canoe Club 206 Ramsey Lake Road Sudbury, Ontario

## **Policy**

A **Cold Water Policy** will be in effect during the months of April and May, and from October 1<sup>st</sup> thereafter. Club members are advised that sudden immersion in cold water (a temperature below 8°C) is very dangerous and should be avoided if at all possible. While the policy covers early and late season water activity, there will be periods of time in June and September where water temperatures may be above 8°C and will still be of concern for safety reasons.

- ➤ It is a Club policy that **guests are not allowed** while the Cold Water Policy is in effect.
- > Paddling must be within 25 metres of shore. Paddlers must follow the shoreline out and back.
- > There will be no lessons on the lake for any club activity while the Cold Water Policy is in effect.
- ➤ Cold water protective clothing must be worn. At the very minimum, a tight fitting neoprene suit must be worn.
- Paddle with a friend(s) is recommended.
- Transport Canada regulations dictate that anyone on the water must wear a properly fitting government approved Personal Floatation Device (PFD), a functional whistle attached to the PFD and mandatory paddling gear. Three short whistle blasts will signal to others in the immediate vicinity your distress.
- When the Cold Water Policy is in effect, there will be signage posted on the clubhouse door and on activity bulletin boards. Failure to follow the cold water policy may result in suspension and for repeat violations will result in termination of membership.

For additional information, visit the Canoe Kayak Canada website canoekayak.ca

Policy reviewed and approved by the Board of Directors – June 2016